

How to Authentically Self-Promote with Confidence.

For motivated women who are ready to do exactly what you know you have been avoiding, so you can generate results and further your career.

FACILITATOR: Victoria Turner, www.yourpoweroutlet.com

Executive Coach | Speaker | Facilitator



Do you find yourself avoiding talking about your accomplishments? Does self-promoting feel uncomfortable, like you are just bragging? Do you ever second guess yourself even though you know you are good at what you do?

If so, join Victoria Turner, Executive Coach, Your Power Outlet, who will share her personal story and professional experiences to highlight how to develop authentic self-promotion strategies, how to bring them forward and why it can help your professional success.

Studies show that self-promotion is the best way to boost your performance in an organization, and this session will equip you with the willingness to do what you have been avoiding and self-promote.

This session is a results accelerator.

In this interactive session you'll learn:

- How to **do** exactly **what you have been avoiding**.
- How to **choose empowering perspectives** that **entice you into productive action**.
- **Tools** that you can **start using immediately** to generate sales and accelerate results.

This content and tools are directly from Principle #5 of Victoria's proprietary Your P.O.W.E.R System: 5 Fundamental Principles to Generate Results and Live Your Best Life™. It is structured as a framework making it relevant to a diverse audience no matter time or years of experience.

Connect with Victoria directly at 416-274-8968 or victoria@yourpoweroutlet.com.

Don't just take our word for it...

Here's what others have shared:

“Victoria is a gifted speaker and motivator.”

“I had the pleasure to attending one of Victoria’s events. She is a remarkable speaker as she is passionate, insightful and relatable. She gave us valuable tools that served as guideposts yet we each had the opportunity to apply those tools to our individuals needs, making the session personalized and effective. She helped us think about how to push ourselves out of our comfort zone, 1 action at a time. I would highly recommend attending any event Victoria leads - attendees will be a more grounded, confident and powerful people as a result.”

“I was impressed by Victoria's ability to introduce the topic, and move a large audience through her worksheet and then take it up at the end. Amazing job!”

Here are a few responses to the survey question:

“What was the most valuable thing you learned at the event?”

- That it's okay to promote yourself!
- Changing mindset on what self-promoting really is.
- Confidence.
- I don't think I can list just one! You get to choose what you think and feel about yourself. The Power Zone is the space between action and values response. Things you avoid doing every day can become your strengths. If someone is telling you to not do something, that is coming from their comfort zone (i.e. their limits).
- To recognize how I'm avoiding self-promoting and tools for changing that behaviour.
- Setting values as a baseline for self-promoting strategy.
- The fact that there are many women who are on the same boat as I am, both personally and professionally. Very eye opening and wonderfully encouraging!
- The definition of confidence.
- Get out of your comfort zone and self-promote!
- The use of values to gauge decisions against.
- The idea around when you are in autopilot and having to make an active decision to turn that space into a POWER zone. I've never analyzed my action-to-response in this way before and it seems like that will be rewarding in the future.
- The difference between arrogance and self-promotion -- values -- that can embolden a woman to move forward with confidence.
- The approach to self-promotion was quick easy and effective.
- Self-promotion is not about ego and bragging.

Similar outcomes are available for your audience.

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